The Power Of Perception

Starter Points for Improvisation & Monologues

I didn't fly with Eagles to hang out with Mosquitoes

Be Authentic and Genuine

Do they have the Necessary Elements
to do well in that field or activity?

The ocean is a bio-medical source

A certain mystery of the
strange forces of existence

People rising above the natural station

Reality is hidden for a reason

He may have become overwhelmed
by the lack of the occasional
disruption from his clan

There's a difference in being
blunt spoken and being crude
and outspoken and discourteous

They are starved for attention
but rarely contribute to society
to earn that attention

When the system fail you
you make your own system

Incentives that human
beings respond to

He struggles with almost every
part of life outside the boundaries
of music,art,film and theater

The lack of social awareness
and comfort socially

**What I hope to achieve is to
provide for the community
and be of public service**

Surprise The Media

**The shallow end of the pool
is where the turds float**

Live a Life of purpose

A bad man always needs something

**Sometimes the only way to see what's
left is to see what's at the bottom**

**People don't care how much you know
until they know how much you care.**

Listen,Take In and get to know

All of us have had different journeys as people

Play an exaggerated sense of yourself

**Take the essence of who you are
and present it on stage**

**Learn how to introduce yourself
to every new audience**

**Have a spontaneity and
honesty that people like**

Character is destiny

Situation creates character

**Living life in an engaged way
Living out my passions
living out my values**

you are contributing,your feeling an

on going achievement in your life

I like to be around people who are smarter than me or someone I can learn from

40% of why you are happy or not is driven by genes.
15% is driven by circumstances.
40% is up to you.

You can shape your environment to stack the deck for a better life at any age

People with great personalities have humor,laugh and do what they love and do it every day

Don't lose your curiosity
Bust your ass whatever you do
pay attention and appreciate what's around you all the time
Fall in love with everything
Have friends and interests
Living life is different for everybody

Sheople -Are they sheep or people or both?

Every generation tries not to repeat the same mistakes and make their own

Genuine – Original – Truthful
Honest – Unique

Being around so many people who had many difficulties gave me permission to express my own especially as a counterbalance

The thing that cost money is the

content and I create my own.
In art,music,writing, film,
performance and life.
My various areas of interest not only
inform each other they validate each
other and the whole.

I got involved with theater and
improvisation because I thought
it would improve my musical
expression .It did and much more.

Bohemian Hide - Way
Local lodging in Lowell
Art – Film – Music Studio

Patrick Simool
Simool Publishing

Facing and
overcoming obstacles

I wasn't brought into this world handsome,
well off or into a well balance life situation
and stuttered. Luckily I was given three
things to help me through my journey.
A good imagination. The ability to develop
many friendships,a hard worker always
committed to any goal,a good sense of
humor and an unbending
interest and curiosity

They are more tribal and less
concerned with observable reality

Turning and converting that
guideline into natural behavior

Luck is when Preparation meets Opportunity

A man of modest means
They say that no amount of

learning can cure stupidity

How to create a monologue.
Talk to yourself with other people
around but pretend they are not there

Don't take yourself too
seriously is a good mental set

I'm sorry I may be mistaking
you for someone who
things and has done stuff

Gratitude Records

I welcome nightmares. When I wake up
They leave me deeply valuing my reality

I've been considering your circumstances.
I've got no business complaining.
But frankly a better man might have
turned the experience into a spiritual
journey and through humility might
find some deeper understanding of the self

1935-1980
90% of American population
got 70% of the growth
Today 100% of the new income growth
go to the top ten percent

Cuba spends 10% of what the us
spends on healthcare with better results.

Foolishness is right next door
to strength,Labor and Land

Eloquent Listening
May it harm me as much as I fear it

Life is an act of comsumption

He hasn't earned a place in society

to demonstrate his authority

Word to Word First Takes

Mesolimbic Pathway- This pathway releases dopamine, the brain pleasure chemical into a tiny area called the nucleus accumbene . The N A is like a switchboard that tells us when a substance like a drug or like sex or eating or exercise feels good.

If you want to start a movement you have to start locally in cities and the state. If you want to change the culture you have to do the hard work of changing hearts and minds in localities first.

The personality is going to drive the policy

Cheap rent and an inexpensive life style.

Why not create your own reality.

I've never had any musical,art,film or writing training or education. Only a great interest and commitment. My training has been in Theater and Improvisation.

Its about making people more of what they are

Always demonstrate trustworthiness , honesty,reliability and sound judgement

Who could sleep three hours a day eat hamburgers and french fries never exercise and have that level of energy -WEIRD GENERIC FREAK?

Please don't produce another resource sucking,Waste making human being with a bad attitude

Who will produce 9,000 tons of Carbon.

Correlation is not Causation

A dog doesn't bark at a parked car

He has a unique credibility on this issue

is hurting peoples feelings more important than free speech. You can do anything you want until you lose decency to people you have a right to say whatever you want.

Curious and Determined

**You have an opinion of your own.
You have a talent,you have a chance to show that talent. You have a chance to leave a great legacy behind.**

Appreciate every step forward but modulate your expectations

**If you are a hammer
everything looks like a nail**

My Canvas is life

Karma is Justice without the satisfaction

More production less consumption

Speaking to an audience of one

**Things of consequence
rarely happen by accident**

**Its not just taking off a band aid
its like taking off an arm**

**She has way more pride than her
physical appearance would suggest**

I come from the bottom up

Telling them they are a jerk or
that they are hurting peoples
feelings never works.

Create compelling content
Choose keywords from
popularity and synonyms
Change keywords in title tags
Keyword Placement
Add inbound links
askthe public.com
answerthe public.com
moz.comexplore

A happy person is not a person in a certain set of
circumstances but rather a person with a certain set
of attitudes.

Life is like riding a bicycle. You don't fall off
unless you plan to stop pedaling

Success is how high you bounce when you hit bottom

Life is like a big canvas,Throw all the paint
on it that you can

You're only as good as your scene partner
We make a living by what we get,but
we make a life by what we give

If you are still talking about yesterday
then you haven't done much today

Be open- minded but not so open -minded
that your brains fall out

Latex Soup - Beings Of Matter

Renew Cell Life -Can't Cheat Time
Success is getting what you want.
Happiness is liking what you get.

**Yesterday is history. Tomorrow is a mystery.
today is a gift. That's why they call it the present**

**If the window of opportunity appears
Don't pull down the shade.**

Winners never quit and quitters never win

**Life is like a ten speed bicycle,most of us have
gears we'll never use.**

Opportunity can create a thief

**Things work out best for those who make the
best of the way things work out.**

Possible is better than perfect

The truth is more important than the facts.

**A minute of thinking beforehand
can save hours of worry later**

Children have more need of models than critics

**We worry about what a child will be tomorrow
yet we forget that he is someone today**

**A heart is not judged by how much you love
But by how much you are loved by others.**

Aggressive and tender at the same time.

**A handful of patience is worth
more than a bushel of brains**

**The world is full of willing
people,Some willing to work,
some willing to let them**

**You have no control over what
the other guy does,you only have**

control over what you do

Happiness is good health and a bad memory

**If dandelions were hard to grow. They
would be most welcome on any lawn**

One door is shut,another opens

**It's a funny thing about life,If
you refuse to accept anything
but the best you very often get it.**

**I always prefer to believe the best
of everybody. It saves so much time.**

Three Billion Years Of Life

Motion Vortex -Particle Party

The Short Path - Neighborhood Of Nerves

Life Eats Life _ When Perception Becomes Reality

Insight Into The Human Situation

**The Dead Are Always Lonely
If a current event happened and no one recorded
it or reported it would it still be significant?**

<u>Social Repertory Chart</u>
**Sadman – Somber Dry
Gladman – Happy Perky
Madman – Pissed Off Upset
Badman -Can't Help Himself
Dadman – Carefree Easy Going
Fadman - Sheep Whatever is Popular
Hadman – Bet it All Lost Most Of It
Padman – Never Leaves His House
Radman – Out Of Control
Tadman – Little Self Esteem
Vadman – Leech Energy Drainer
Wadman – Lots Of Money**

Zadman – Out Of This World
Cadman – Cheater Can't Be Trusted
Ladman – Adult acting Like A child
Nadman – Never Admits his own Faults
Oddman – Appears out of place but is receptive
Podman – Linked Up But Left Out
Sowman – Got what was coming to him

Role-Physical Adjustment (Sense Of Size,Weight Attractiveness)Vocal Adjustment (Language,Choice, Volume,Tone)

The Witt Brothers Half Dim Nit

Life Of A Gufi - Psychological Illusionist

One Difference Between The Flugnoids and The Androids.
Flugnoids prefer being more sensitized to Life and People
Androids prefer being desensitized.

An Ounce Of Behavior is worth a pound of Words

The key to true emotion is to be found in a full understanding of the given circumstances. The Human problems contained in the play itself.

Art expresses Human Experience.

Acting is living off the other fellow.
Its responding truthfully to the other person.
The meaning is in the behavior. Relaxed Behavior.

Everything in acting is a kind of heightened intensified reality but it's based on justified reality.

The Truth of ourselves is the root of our acting.

Fill the role with Life

When the link jingles it's probably the chain
A ray of light in a dark corner

What are some of the attributes to being an asshole?
Make people feel like shit. Get people pissed off.

**Be exempt from the rules and duties of society.
Praise only the people who can help you in life.
Don't be afraid to shit or spit on someone if that's
what needs to be done. Take advantage of anyone
if the chance arises. Be provoked by the least
provocation.**

**Nobody wants to feel like a piece of shit.
Nobody wants to think that nothing they everyone's
do or say in life will ever matter to anyone**

**All those who actually live the mysteries
of life haven't the time to write about it.**

**A women is as old as she looks
but a man is never old until he stops looking**

**If you're not attractive
In order to get around thatand be attractive
you have to develop something so you become
a bit more interesting and when and when
you get old you get by on that.**

Curiosity and humor

**The Shadow Side – Its about the shadowy
figure that lurks in all of us. The Shadow Side
is also the creative side. If you deny it
it comes out and goes nuts. If you ignore it
it comes out in the end.**

A time when people become individuals

Show what you owe

**OPE – Operational Preparation of
the Environment**

**Mapping the architecture and the
environment of the target**

Pulled myself up from my boot straps

You got a problem? You got a problem here?

**They are someone who is locked
in the past nursing resentment**

W.O.L.H. Bookservice World Of Lenny Hall

**I don't need to introduce myself to
a snake if I hear its rattle**

**Its the ability to spontaneously
generate images in my mind**

**Offering something tangible to
the national welfare**

She was the prettiest girl in the ugly class

**To show empathy you have to be vulnerable
Psychological Need _ You need to feel that
you belong. You have to feel your life has
purpose. That you have a future
The Dunning Kruger Effect-The tendency of
ignorant people to think they are smarter
than they are. Most people don't read. The
people who but don't learn anything.**

We Live in a sub-literate country

Look at the spirit of the thing

**We are in the middle of the biggest revolution
and distribution of information since the
invention of the printing press but we are less
informed than ever before.**

Progress comes from the bottom

Filter Bubbles

**George Washington fought nine battles
and just won three of them.**

You've got to wake up. You're living in a ivory tower. You've got to snap out of it.

You are erratic,conflicted and disorganized. Every decision is debated. Every action questioned. Every individual entitled to their own small opinion. You lack harmony and cohesion

Share your talents and skills

Knowledge is the experience you have as a human being

Imagination frees the mind.
Our human spirit is designed to show compassion to our frailties
The Way After... The Soon After

The most civilized societies are the ones that can move empathy to larger reins

Sneezing is a reset

Studio and on-site demos

Beyond Study and instrumentation there is instinct